



## On-Campus Excursion Workshop (2013)

The basic Outreach program is a weekend workshop called the Excursion.

This two-day adventure into expanded states of awareness facilitates profound relaxation, deep contemplation, increased intuition, and communication with the higher self and with related energies. Important personal revelations are commonplace during an Excursion. Specifically designed exercises with the Hemi-Sync® audio-guidance technology form the core of the workshop, together with explanation, discussion, and supportive group interaction.

If you wish to organize a group in your area which would be interested in experiencing the Hemi-Sync audio-guidance technology, we will be happy to bring an [Outreach Facilitator](#) to you.